



MIND MEDICINE
A U S T R A L I A

Certificate in Psychedelic-Assisted Therapies (CPAT)

Testimonials

“Mind Medicine Australia continues to impress. I have completed various higher education qualifications, as well as the less formal experiential retreats and personal development courses, from the quirky, to the evidence based. The CPAT provides a holistic framework that encapsulates a strong academic approach and faculty with a truly authentic therapeutic model. It would not be an exaggeration to say that the CPAT is life changing.”

Kelly Rae, Psychotherapist, NSW

“The CPAT has exceeded all expectations I had when I applied. I highly recommend this course to anyone in the field. The expertise and networking are second to none. I feel part of something that will change the future of mental health in Australia.”

Vasileios Tsaikalis, Psychotherapist, NSW

“I just completed the CPAT course in Melbourne and it was one of the finest, well thought through, academically informative and robust programs I have had the pleasure of being a part of anywhere.”

Dr Mary Lanier

“This weekend was the most rounded professional development I can remember doing – I felt nourished in mind, soul and body. Not usually a networker, I surprised myself by connecting with many people that I am sincerely looking forward to meeting again and hopefully working with in the future. Even though the programme was intense, I feel inspired not exhausted; I think this is because there was such a supportive and empathic group of facilitators and participants. My gratitude to Mind Medicine Australia – I’m wearing our T-shirt as I sit at the airport & type, just hoping for when someone asks me what this is all about!”

Dr Ria Leonard, Psychiatrist, NSW

“The most engaging, interesting and enjoyable course I have attended.”

Dr Eoin Wilson, Psychiatrist, NSW

"I had the most wonderful and profound weekend. Thank you for allowing us to experience Holotropic Breathwork. Please know by doing so you are allowing us to better support our clients by supporting ourselves."

Chloe Panayiotou, Psychologist, VIC

"The course to date has been priceless and an invaluable opportunity to be a part of the medicine work moving into the future. I cannot recommend it highly enough!"

Jon Hart, Psychologist, QLD

"The holotropic breathwork weekend intensive was beautiful. It just feels like I belong here, in this group, in this work. Overall, I find this group and the breadth of content covered in this course immensely gratifying and reassuring."

Vincent Clementine, Counsellor, VIC

"The CPAT course by Mind Medicine Australia is an absolutely "mind-blowing" experience. The quality, depth and breadth of the material is amazing. The calibre of the presenters is astounding. The course is generating very exciting and optimistic feelings about the promising future of effective and affordable mental health service and research. Excellent learning!!!"

Dr Arthur Hokin, Psychiatrist, VIC

"I'm a GP working in adolescent mental health. The calibre of the presenters and facilitators has been absolutely amazing and way beyond my expectations. Thank you so much for everything you and Peter are doing to bring these much needed medicines to the Australian mental health system. What you have achieved so far is awe-inspiring."

Dr Phoebe Collyer, GP, NSW

"What an incredible course! I met so many incredible colleagues who are now friends and learnt so much- my brain is bursting! Amazing value- we were absolutely spoilt. What a wonderful thing to be part of."

Ella Morter, Counsellor, QLD

"This course is clearly run by passionate and dedicated people. The MMA teaching team seem to have taken every step to make this course a truly top tier program. I can't wait for the next weekend intensive: holotropic breathwork."

James Steevenson, Mental Health Nurse, VIC

“So wonderful to be with such wholehearted, courageous humans who genuinely want to make a difference to the mental health crisis in Australia. I'm very grateful for MMA offering this opportunity and for being the force needed to make this happen.”

Eva Papadopoulo, Psychotherapist, NSW

“The overall experience and my time together with the other trainees was significant, life changing significant, I fell in love with humanity again. The field of plant medicine has opened up for me and I'm excited about the possibility that stems from this.”

George Chambers, Counsellor, WA

“I had set a relatively high bar going into the intensive and yet it was well and truly outstripped.”

Graeme Van Tongerloo, Psychologist, SA

“What a thrill and privilege to be part of this first cohort of practitioners undergoing Mind Medicine Australia's Certificate in Psychedelic Assisted Therapies. The quality of the material and the presenters at our first weekend of in-house teaching was astounding; as well as the experience and diversity of the participants - we are building an extraordinarily skilled team to work in this space. We all have such different strengths and complementary skill sets, I am confident that together we can provide safe assessment, psychedelic assisted sessions and meaningful integration for patients seeking this therapy. I was impressed at the breadth of the material presented and the different presenters' acknowledgement of the long human history of use of psychedelic substances. We are occupying a unique space, offering these medicines once again within the western biomedical model now that the science of their mechanism is better understood, whilst respecting and acknowledging traditional uses; and accepting that the 'ineffable' simply cannot be fully explained! I have increasing hope and optimism that as we continue in our skill development, people struggling with treatment resistant mental illnesses in Australia may soon have safe access to medicines that can be truly transformative, and I'm so excited to have met so many people passionately working to facilitate this.”

Dr Jo Howe, GP, TAS

“In my 30 years of work as a psychologist, I have never attended such an engaging and informative course of this calibre. The lecturers are world class experts in the field providing not just theories but also practical teachings along with experiential training. This course broadens my mind and also my heart.”

Maurizio Romano, Psychotherapist

“I was amazed by Wade Davis's talk Sunday. It was more of a work of art than a lecture. In 55 years of education I have rarely heard such mastery of a topic expressed so poetically.”

Dr Jack Springer, Emergency Physician

"The CPAT course is amazing. Never ever ever have I been so engrossed and hungry for knowledge. The calibre of the educators is exceptional. If you are thinking about doing this course do it without hesitation. It is the bomb."

Gareth Wild, Coaching/Counseling Psychologist

"As a psychotherapist I have undertaken many varied courses and trainings and am happy to say that the CPAT training has for me, been absolutely up there with the best. Nigel and Traill's experience, presence, skill, and teachings stretched me both professionally and personally, and I am already seeing the results in my 'everyday' clinical practice and life. I am so grateful for this amazing training. Thank you."

Pamela Pannifex, Psychotherapist, Couples Therapist, Naturopath M (Couns & App. Psychoth), N.D.

"The highlight of 2022 has been learning about Psychedelic Assisted Therapy (PAT) from outstanding teachers, from William James (1890s) through to today's leading PAT practitioners and professors, each with decades of relevant experience, in a brilliantly arranged curriculum put together by Mind Medicine Institute (MMI) for their Certificate in Psychedelic Assisted Therapy. I found the course practicums (workshops) as enjoyable as the weekly webinars. The MMI faculty is led by PA therapists Nigel Denning and Traill Dowie, PhD (dual: Philosophy, Psychiatry), both with extensive experience with psychedelic work internationally. Any University wanting to incorporate PAT into a Masters programme will be very hard pressed to do any better than MMI, the training arm of Mind Medicine Australia. Without doubt PAT will become a major contributor to the Australian mental health profession this decade. Today's MMI PAT students will be the pioneers and leaders in clinics, hospitals and growth centres of tomorrow, a tomorrow that is rapidly heading our way."

Denis McCarthy, Clinical Psychologist, Fremantle, WA, AU

"The MMI CPAT course was the best researched and structured course I have ever enrolled in. Nigel, Trail and Dave were outstanding. Their wealth of knowledge was equalled and probably exceeded by their passion and belief in the whole CPAT process. They made the course feel like a really good TV series that just got better and better and pity it had to come to an end. Again, huge thanks to everyone involved."

John Lee, QLD

"I have thoroughly enjoyed the course. Very worthwhile. The instructors are highly experienced, have deep knowledge and amazing teaching skills. The venues are great, food amazing. I had some great breakthroughs during the breathwork sessions. I have also made some great friends, there is a great spirit amongst us and I really appreciate this. I highly recommend the CPAT."

Dr Matt Worthington, Clinical Psychologist, QLD

“The CPAT course totally surpassed all my expectations. The lecturers and guest speakers were outstanding and world class. I went into this course with a bit of hesitation due to the fact that this therapy isn’t legal yet outside of clinical trials. I am so glad that I followed my intuition and went ahead regardless. I have made lifelong connections and friendships with extraordinary like minded people. This course has not only changed the way I currently work with my psychotherapy clients but I would go as far as to say that it has changed the trajectory of my career and life. I am forever grateful.”

Nikki Lucas, Psychotherapist, SA